

# OPENING TIMES



**SUNDAY - CLOSED**

**MONDAY  
07:15-10:30**

**TUESDAY  
07:15-14:30**

**WEDNESDAY  
07:15-14:30 & 17:00-20:00**

**THURSDAY  
07:15-10:30 & 16:00-21:00**

**FRIDAY  
07:15-13:00 & 17:00-20:00**

**SATURDAY  
07:00-10:00**

## ADMIN OPENING HOURS

**MONDAY - FRIDAY 09:00-17:00**

**PHONE: 07726410832**

**EMAIL: [INFO@LINC SINJURY.CO.UK](mailto:INFO@LINC SINJURY.CO.UK)**

**EMAILS ARE CHECKED THROUGHOUT THE DAY.  
PLEASE ALLOW A FULL WORKING DAY FOR A REPLY.**